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OF SAFETY**

# 2016 INDIANA SAFETY AND HEALTH CONFERENCE & EXPO

CONFERENCE SPONSOR



March 21-23, 2016  
Indiana Convention Center, Indianapolis  
[www.INSafetyConf.com](http://www.INSafetyConf.com)

Presented by:



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**#INSafety16**

# 2016 GOVERNOR'S WORKPLACE SAFETY AWARDS

The annual **Governor's Workplace Safety Awards (GWSA)** provide recognition for companies based on best practices for eliminating workplace injuries and illnesses. The awards salute those who have made safety and health a top priority.

The **Indiana Department of Labor** is honored to invite **Hoosier organizations** to submit an application to be considered for the **2016 Governor's Workplace Safety Awards**.

Download the application and learn more about award categories, past recipients, and frequently asked questions by going online to the new GWSA web site: [in.gov/dol/2934.htm](http://in.gov/dol/2934.htm).

All applications are due on or before **February 1, 2016**.

**THE GOVERNOR'S WORKPLACE SAFETY AWARDS** are a result of a partnership among the Indiana Department of Labor, on behalf of **Governor Michael R. Pence**, the **Indiana Chamber of Commerce** and the **Central Indiana Chapter of the American Society of Safety Engineers**.



New category:

**Rising Star**

[www.insafetyconf.com](http://www.insafetyconf.com)

# 3-POINT PLAY – CONFERENCE KEYNOTE SPEAKERS

## Opening General Session

Tuesday, March 22, 2016

### Triumph and Tragedy on Mount Everest: Safety Lessons From the Grand Arena

**Jim Elzinga, Founder and President, Heroic Hearts Inc.**



On Jim Elzinga's first Everest expedition, they lost four lives in four days. He walked away. But he was determined to return with a better approach. Four years later he did, with the history-making Everest Light Expedition, which drew on Jim's crucial talents as a motivator, inspirational team leader and master of team process. This new style of climbing was defined by an unswerving commitment to keep everyone alive. And, they succeeded – proving that it's possible to accomplish the most demanding goals with trust, integrity and safety intact.

The compelling story of Jim's two expeditions to Everest draws parallels with the urgent need in the industrial world for significantly higher safety standards. Jim's passion for safety is very real – he knows that a zero-incident, zero-injury safety culture is achievable, and the anguish of irretrievable loss is preventable.

## General Session

Wednesday, March 23, 2016

### Quarterbacking Your Safety Team

**Oliver Luck, Executive Vice President of Regulatory Affairs, NCAA**



Safety has always been of utmost concern to Oliver Luck – as a professional athlete, a business executive, a major university athletic director and a parent.

Many of the lessons that Oliver has learned about safety in athletics run parallel to safety in business:

- Personal responsibility and accountability: You are responsible for your own safety.
- Teamwork: Look out for your fellow employees and teammates.
- Education: A successful quarterback is continuously studying his playbook. Safety leaders must continuously educate and reinforce the importance of safety training and procedures to all employees. The education and training process is ongoing and never-ending.
- Mental toughness: Stay sharp, maintain your focus. Much as a football player needs to focus on following the game plan to achieve victory, managers and employees must remember to focus on the basics. Do your job the right way. Don't take shortcuts. Don't get distracted. Focus on getting the job done the right way, the safe way.

## Governor's Workplace Safety Awards Luncheon

Wednesday, March 23, 2016

### Safety as a Result: The Role of the Leader

**Rodney Grieve, Founder, BRANTA Worldwide**



Every organization strives to produce quantifiable results measured in a multitude of ways. Some organizations consistently achieve those results and others consistently miss the mark. Safety is produced through clear, effective leadership at the front lines of your organization. Do your front-line leaders have the knowledge and skills to produce the safety results through others? Or do they depend on the rules and a lot of luck to make it through the day? This program looks at how occupational safety results are driven by three critical elements of success: values, behaviors and culture.

## Send Your Entire Safety Team!

- Safety Managers/Directors
- Industrial Hygienists
- Occupational Health Nurses or Practitioners
- Contractors
- Construction Managers
- Safety Committee Members
- Safety Consultants
- Plant Managers
- Loss Control/Risk Managers
- Facility/Building Managers
- Safety Engineers
- Maintenance Supervisors
- Personnel and HR Managers

## THE ACHIEVEMENTS OF AN ORGANIZATION ARE THE RESULTS OF THE COMBINED EFFORT OF EACH INDIVIDUAL.

Vince Lombardi

## 2016 Conference Organizing Committee

- Chet Brandon, CHMM, CSP, MA, MS, 2016 Conference Co-chair and President-elect, Central Indiana Chapter of ASSE (ATI Worksite Solutions)
- Vince Plank, CSP, 2016 Conference Co-chair and Immediate Past President, Central Indiana Chapter of ASSE (Safety Management Group)
- Kerri Begley, CMP, IOM, Conference Administrative Chair, Indiana Chamber of Commerce
- Jesse Brothers, CMP, Sponsor/Exhibitor Coordinator, Indiana Chamber of Commerce
- Michelle Ellison, Asst. Commissioner, Indiana Department of Labor
- Jeff Fox, Vice President, Central Indiana Chapter of ASSE (Dow AgroSciences)
- Jennifer George, Speaker/Concurrent Session Coordinator, Indiana Chamber of Commerce
- Christina Merriott, President, Central Indiana Chapter of ASSE (Milestone Contractors, LP)

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PLEASE CALL JIM WAGNER AT (317) 264-6876.**

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**IT'S THE LITTLE DETAILS THAT ARE VITAL. LITTLE THINGS MAKE  
BIG THINGS HAPPEN.**

John Wooden

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**Register: Phone: (800) 824-6885 • Online: [www.INSafetyConf.com](http://www.INSafetyConf.com)**

# SAFETY EXPO STARTING LINEUP

**SAFETY EXPO – MARCH 22, 2016 | 7:30 A.M. - 4:00 P.M.**

**Visit these booths and be eligible for several prizes.**

**EXHIBITORS** *List of exhibitors as of December 19, 2015*

3E Company	M3V Data Management
3M Personal Safety Division	Magid Glove and Safety
Acoustical Systems, Inc.	Market Force, Inc.
Aim Right, Inc.	Meiners Medical, Fire & Safety Services
AirFeet Insoles	Micro Air, Inc
ALERT Safety Products, Inc.	Mid-America OSHA Education Center
All Safe Industries, Inc.	<b>Midwest Orthopaedics At Rush</b>
American Society of Safety Engineers - Central Indiana Chapter	Midwest Toxicology Services LLC
Ansell	<b>National Workwear</b>
Approved Protection Systems	OEI
<b>Athletico Physical Therapy</b>	ProtectEar USA
ATI Worksite Solutions	Quest Safety Products, LLC
Board of Certified Safety Professionals	R. C. Bremer Marketing Associates, Inc.
Body One Work Solutions	RAECO, LLC
CavCom, Inc.	Red Wing Shoe Company
<b>CLMI Safety Training</b>	Ritz Safety
Columbia Southern University	<b>RMS-Safety</b>
<b>Community Employer Health</b>	Rupp Safety Associates Inc. Manufacturer's Representatives
Cornerstone Environmental, Health and Safety, Inc.	SafeStart
Dustcontrol Inc.	<b>Safety Management Group</b>
EMSL Analytical, Inc.	Safety Resources, Inc.
Environmental Management Institute	SafetyWear
Ergo Advantage	Sawstop LLB
Ergonomic Consultants of Indiana, Inc.	Select Physical Therapy
Essilor Prescription Safety Eyewear	SHOWA
Examintetics, Inc.	Sitehawk LLC
Franciscan WorkingWell / TravelWell	Slice, Inc.
Galson Laboratories, a SGS Company	SMRT Indiana
Gibson	State Safety & Compliance
Hastings Air Energy Control, Inc.	Targeting Customer Safety, Inc.
Hytest\Safety Shoe Distributors	Tingley Protective Clothing and Footwear
IdentiSys Inc.	TK Group, Inc.
Indiana Chamber Business Resources/Bookstore	U.S. HealthWorks Indiana
Indiana Chamber Membership	Unik Sales LLC
Indiana Department of Labor	Unique Home Solutions
Indiana Safety & Supply Co.	United Sales Associates
<b>Indiana University School of Public Health-Bloomington</b>	University of Cincinnati, Great Lakes OSHA Education Center
Industrial Safety and Training Services	VelocityEHS
Implant Enviro Systems	Vigil Antislip LLC
Job-Site Safety, LTD	Visual Workplace, Inc.
KERAMIDA Inc.	Wellness Mats
<b>KHA Online-SDS™</b>	Workplace Safety & Health Co., Inc.
Liquid Waste Removal/LWR	Worksafe USA

*Expo booths are currently sold out; however, various levels of conference sponsorships are still available. Sponsorships include an exhibit booth. For more information, please contact Jim Wagner at [jwagner@indianachamber.com](mailto:jwagner@indianachamber.com) or call (317) 264-6876.*

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# WHAT'S GOING ON

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## Opening Tip-off Reception

**Monday, March 21 | 4:30 - 6:00 p.m.**

Join us as we kick off the 2016 Indiana Safety and Health Conference & Expo with hors d'oeuvres and host bar. This intimate event is the perfect opportunity to meet new colleagues and catch up with old friends.

## Champions Reception

**Tuesday, March 22 | 5:00 - 6:00 p.m.**

Following the day's activities, we invite you to spend overtime with us and mingle with sponsors, exhibitors, speakers and other attendees. Make sure you register for prizes at many of the booths. The grand prize will be presented at the reception, so don't miss it!

## 2016 Governor's Workplace Safety Awards Luncheon

**Wednesday, March 23 | 12:00 - 1:30 p.m.**

The Central Indiana Chapter of ASSE and the Indiana Chamber of Commerce, in partnership with the Indiana Department of Labor, are pleased to present the 2016 Governor's Workplace Safety Awards, recognizing the most innovative safety and health initiatives among Indiana's workplaces.

**Applications must be received by February 1, 2016 and are available at [www.INSafetyConf.com](http://www.INSafetyConf.com).**

## Safety Expo

**7:30 a.m. - 4:00 p.m. Expo Hall E**

Be sure to visit with the Safety Conference exhibitors to learn more about the products and services offered by our diverse range of exhibitors and sponsors. Attendees will be eligible for many prizes throughout the day.

## Conference Location

**Indiana Convention Center, 100 S. Capitol Ave., Indianapolis, IN 46225**

This year's conference and expo will be held at the Indiana Convention Center, conveniently located in downtown Indianapolis and connected to the headquarters hotel (The Westin Indianapolis) via skywalk. Parking information is available at [www.INSafetyConf.com](http://www.INSafetyConf.com).

## New for 2016! Sign-up for the Conference App

Receive text alerts, agenda updates, schedule changes and speaker information right to your smart phone. Details are available on the conference web site at [www.INSafetyConf.com](http://www.INSafetyConf.com).

## Continuing Education

- Credit pending for: CSP, CIH/CAIH, CHMM, CNE, Wastewater Operator Certification
- Safety Specialist Compliance Certificate: up to three credits
- CEUs hours and CM Points are dependent on certification boards
- HRCI and SHRM: professional credits pending

## Prescription Safety Glasses

Please drop off your old prescription eye wear and safety glasses at the ASSE booth. These glasses will be donated to the Lions Club.

## Conference Activities

**Professional Career Counseling:** New to the conference this year is professional career counseling! Conference attendees will have access to several local and national level recruiters specializing in safety, health and environmental opportunities. They will be available on a first-come, first-served basis all day on March 22 for strategic career guidance, updates on the current state of the job market for EHS, detailed resume analysis and suggestions on navigating the interview process.

**Indy Dine-Out, March 22:** Get a taste of Indy on Tuesday evening by visiting a local restaurant with your fellow conference attendees. The conference partners have selected four restaurants in downtown, each within walking distance of the Convention Center and The Westin. Pre-registration is requested, but not required. This optional dinner is on your own so please bring payment. The groups will depart from the Champions Reception at 6:00 p.m. and walk together to the restaurants.

**Walking Trail:** Take a break, join a colleague and add some extra steps to your day. Follow the inside walking trail with step counts provided.

**Register: Phone: (800) 824-6885 • Online: [www.INSafetyConf.com](http://www.INSafetyConf.com)**

# CONFERENCE AGENDA

**\*Note: After each session title (when data available), in parentheses, are the session skill level and appropriate company/employee size. Skill levels are Novice (N), Intermediate (I), Advanced (A) or All. Company size ranges from zero to 500+ employees, or any.**

## MONDAY, MARCH 21, 2016

### 7:30 a.m. - 5:00 p.m. Registration Desk Hours

Sponsored by:   

### 7:30 a.m. Continental Breakfast

### 9:00 a.m. - 12:00 p.m. Morning Workshops

#### Energy Break

Sponsored by: 

#### Workshop 1

##### **Link With Sustainability Through Your SH&E Culture and Systems** (I/A; Any)

- Identify links between SH&E culture and sustainability, which can achieve up to 80% of sustainability requirements
- Key SH&E culture elements that (removed can) accelerate sustainability results: alignment and integration with the business processes and employee engagement
- Targeted review of twenty-four business processes for SH&E links and sustainability excellence

Cathy Hansell, MS, JD, CCSR, CSM, President, Breakthrough Results, LLC

#### Workshop 2

##### **Confined Spaces Rescue** (All; Any)

- How to prepare for a confined space rescue
- Training requirements for a CSR team
- Familiarization with available CSR gear
- Observe and participate in a hands-on rescue

Craig Clark, CHST, Safety Services Manager, and Vince Plank, CSP, Safety Advisor, Safety Management Group

(Pre-registration is required, via session selection survey; space limited to 25 attendees)

#### Workshop 3

##### **Industrial Hygiene for the SH&E Professional**

- Receive a framework on how to establish and sustain an effective industrial hygiene (IH) management program
- Understand elements of an effective IH program and learn to utilize such a program to drive compliance and protect employees
- Learn how to verify and validate performance

Greg Smith, CIH, CHMM, CPEA, Principal Consultant, Environmental Resources Management

### Workshop 4 (8:30 a.m. - 12:30 p.m.)

#### **INSHARP/VPP Meeting**

- Update on the Indiana Department of Labor's VPP and INSHARP cooperative programs
- Best practices from Indiana VPP and INSHARP sites that include harnessing employee involvement, managing safety for multiple processes, departments and worksites, and addressing many potential challenges
- This session is open to all Indiana VPP and INSHARP sites as well as anyone interested in learning about the programs and best practices as demonstrated by these sites

Indiana Dept. of Labor

### 12:00 - 1:30 p.m. Half Time Lunch Break (on your own)

### 1:30 - 4:30 p.m. Afternoon Workshops

#### Workshop 5

##### **Safety, the Next Generation** (I/A; Any)

- Understanding each generation currently in the workplace
- Sharing new insights on the next generation of workers
- What motivates each generation toward risk/reward?

Todd Guenther, CTFD, Managing Partner/Owner, RuSafe2.com Training & Development

#### Workshop 6

##### **Construction Focus Four**

- Overview of OSHA's construction Focus Four: falls, struck-by, caught-in-between and electrocution
- Relevant data and the case behind OSHA's creation of the Focus Four
- In-depth review of 1926 and the corresponding sections that align to the Focus Four
- Identify how the Focus Four aligns to participants' unique sphere of work

Doug Condon, Construction Safety Leader, Dow AgroSciences

### 4:30 - 6:00 p.m. Opening Tip-off Reception

#### **Workshop Skill Level**

- **Novice:** Defined as ideal for someone with up to four years in the safety industry
- **Intermediate:** Defined as ideal for someone with five to nine years in the industry
- **Advanced:** Defined as ideal for someone with 10+ years in the safety industry

## TUESDAY, MARCH 22, 2016

### 7:00 a.m. - 5:00 p.m. Registration Desk Hours

Sponsored by:   

### 7:30 a.m. - 4:00 p.m. Safety Expo Hours

### 7:30 a.m. Continental Breakfast in Expo Hall

Sponsored by: 

### 8:15 a.m. Conference Opening General Session

#### Welcoming and Opening Remarks

Christina Merriott, President, Central Indiana Chapter of the American Society of Safety Engineers, with Proclamation by Commissioner Rick Ruble

Keynote Presentation: Jim Elzinga

### 9:30 a.m. Fast Break to Expo Hall

Sponsored by: 

#### Concurrent Session One

Four sessions take place from 10:15 to 11:15 a.m., and four from 10:30 to 11:45 a.m. Please choose only one of the eight.

10:15 - 11:15 a.m.

#### Effective Safety Management

##### 1A. Our Safety Meetings Stink! (All; Any)

- Understanding the challenge of keeping your safety meeting impactful
  - Recognizing the components to make meetings interesting, interactive and effective
  - Ten effective tools to immediately impact your safety meeting
- Judy Trent, Training Division Coordinator, DiVal Safety

#### Updates in Education and Consulting Skills

##### 1B. Love Your Employees (A; Any)

- Understand
- Engage
- Direct

Martin George, Ph.D., CEO, LTC Language Solutions

#### Management Safety Principles and Solutions

##### 1C. A Modified Model for Experiential Training for Safety Professionals and Project Engineers (A; Any)

- What experiential training is
- How experiential training can be integrated into organizational training with maximum effect
- How leadership effectiveness in organizational safety will be enhanced by using experiential training formats

Gary Winn, PhD, CHST, Professor, Safety Program, West Virginia University, and Thomas Rozman, Director, Health Compliance Central Region, Virginia Department of Labor and Industry

### Work Comp: Injuries, Analysis and Prevention

#### 1D. Industrial Ergonomics: The Key to a Healthy and Productive Workforce! (N; Any)

- Benefits of industrial ergonomics
- Identify various job tasks for risks of MSD's
- Corrective actions for change

Misty Chapman, CEAS, BS, CPTA, President, Ergonomic Consultants of Indiana

10:30 - 11:45 a.m.

#### Safety Perspectives - General and Specific

##### 1E. Behavior-Based Safety from an Owner's Perspective (N; Any)

- How to start a BBS process at your facility
- What NOT to do in your BBS process
- How to maintain your BBS process

Eric Nickless, BBS Coordinator, Marathon Petroleum

#### INSafe/Safety Fundamentals

##### 1F. OSHA's Training Requirements for Employees

- Which OSHA training is required for occupational safety and health
- Required training of each employee as well as that based on the work being performed
- Best practices for ensuring training has been adequately documented and kept up-to-date

Mark McDaniel, INSafe Health Consultant, and Debbie Raven, INSafe Safety Consultant, Indiana Department of Labor

#### Construction

##### 1G. Contractor Qualification: Red Flags, Red Lights and Doing Yourself and Your Contractors' Diligence

(All; Any)

- The benefits of establishing a "safety-focused" contractor qualification process
- How to better utilize lagging indicators as "red flags" vs. "red lights"
- How to implement leading indicators into the contractor qualification process

Ryan Pollack, CHST, Manager – Health, Safety, Environmental, XL Industrial Services

#### General Safety

##### 1H. 2015 NFPA 70E and Electrical Safe Work Practice Compliance (All; Any)

- 2015 NFPA 70E code compliance
  - OSHA and NFPA 70E difference in compliance
  - Easy steps to take to get your ESWP program up-to-date
- Jon Clark, Associate Project Manager, Faith Technologies

11:15 a.m. - 1:00 p.m. Half-time Lunch [Expo Hall]



## Concurrent Session Two

Four sessions take place from 12:30 - 1:45 p.m., and four from 12:45 - 1:45 p.m. Please choose only one of the eight.

12:30 - 1:45 p.m.

### Effective Safety Management

#### 2A. Reaching the UNREACHABLE Employees Through Technology (All; Any)

- How telemed/telehealth fits the new workplace
  - Ability to extend relationship-building interactions
  - Driving to holistic employee wellness
  - Identifying the relevant messaging to impact remote employees
- Christian Carlson, Vice President, MedAware Solutions, and Sheila Denman, MA, MS, PT, Senior Vice President, ATI Worksite Solutions*

### Updates in Education and Consulting Skills

#### 2B. Instructional Strategies for Effective Safety and Health Training (N/I; Any)

- Identify barriers to effective safety training
  - Describe skill sets and methods used to enhance training
  - Describe effective methods for evaluating training
- Kevin Slates, Associate Professor, Indiana University*

### Management Safety Principles and Solutions

#### 2C. Conquering the C.A.V.E.M.A.N. (Citizens Against Virtually Everything) (All; Any)

- Identify the "CAVE" people in your organization
  - Understand easy-to-use methods to move people out of the "CAVE"
  - Understand how moving these people out of the "CAVE" will not just improve safety, but costs, quality and production as well
- Kevin Cobb, Senior Safety Consultant, SafeStart – A Division of Electrolab Ltd.*

### Work Comp: Injuries, Analysis and Prevention

#### 2D. Workers Compensation for Safety Professionals

- Identification of work injuries and occupational diseases under Indiana's worker's compensation system
- Understanding the nature, type and amount of benefits available under Indiana's system
- Identification of ways to reduce or minimize exposure for benefits before and after work injuries

*Mike Dugan, Attorney at Law, Dugan & Voland LLC*

12:45 - 1:45 p.m.

### Safety Perspectives - General and Specific

#### 2E. Real Life Safety (All; Any)

- The importance of making good, safe choices
- The consequences of taking shortcuts and unsafe behaviors
- What happens when a tragic loss occurs and how it affects you and your family

*Tim Simon, President, Proforce Safety LLC*

### INSAFE/Safety Fundamentals

#### 2F. Air Sampling for the Non-Industrial Hygienist

- OSHA requirements for employers to conduct air sampling, including sampling by non-professional personnel
- Basic concepts and terminology of air concentrations and

methods of sampling strategy

- Appropriate use of and types of equipment
- Bradley Freeman, CIH, CSP, INSafe Health Consultant, and Tony Kuritz, INSafe Health Consultant, Indiana Department of Labor*

### Construction

#### 2G. Fall Prevention vs. Fall Protection: A New Safety Category (All; Any)

- Recognize ways to reduce the three most common kinds of ladder-related accidents and injuries
- Identify recent advancements in climbing equipment that will reduce risks on the job
- Improve workplace safety training by utilizing free live and online resources

*David Francis, National Safety Director, Little Giant Ladder Systems*

### General Safety

#### 2H. Life Cycle of a Safety Career – A Modern Path (All; Any)

- Identify where you are on your safety career path, and where you'd like to be
  - Creation of a foundation of working knowledge of various elements of a freelance or independent contractor role
  - Tips on how to mentor and coach others who may be interested in safety, but are not safety professionals yet
- Abby Ferri, CEO, The Ferri Group LLC*

## 1:45 - 2:15 p.m. Alley-oop Break in Expo Hall

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## 2:15 - 3:30 p.m. Concurrent Session Three

### Effective Safety Management

#### 3A. #DisasterReady (All; Any)

- Skills and tools needed for building a robust disaster plan
- Techniques for testing your plan
- Critical steps for effective crisis communication

*Shawna Neilson, AIC, AIM, AIS, Director of Risk Management Services, and Tania Bengtsson, Principal, Director of Marketing & Innovation, Gibson*

### Updates in Education and Consulting Skills

#### 3B. It's Not Enough to Communicate – You Have to Be Understood (All; Any)

- Employees at all levels are human, and respond to human language and compelling storytelling
- The importance of knowing your audience, communicating in a crisis, clarifying your communication objectives, selecting your communication channel, cultural and native language considerations and more
- Simple communication techniques that can help you reach people when it's most important (participants are invited to submit sample messages and questions in advance. Send your submissions to [lisa@cherryhillcommunications.com](mailto:lisa@cherryhillcommunications.com) by March 1. Not all submissions will be used.)

*Lisa Babington, Principal, Cherry Hill Communications Consulting*

## Management Safety Principles and Solutions

### 3C. Preventing Fatal and Life-Changing Injury Events (All; Any)

- Identify major precursors to fatal and life-changing (F&LC) injury events.
- Compare elements of the safety culture/climate to those found in a mature safety climate
- Identify the common strategies that can be implemented to reduce exposure to F&LC events

Frank Baker, CSP, CFPS, ALCM, Regional Manager, Risk Management, and Greg Clone, ASP, Senior Risk Management Consultant, Eastern Alliance Insurance Group

## Work Comp: Injuries, Analysis and Prevention

### 3D. Developing a Safety Culture (All; Any)

- A game plan to developing your safety culture
- How to get employees to take action and get engaged
- Techniques to obtain management commitment

Mark Styers, Loss Prevention Consultant, Gibson

## Safety Perspectives – General and Specific

### 3E. Using Big Data to Predict and Prevent Serious Injuries and Fatalities (I; 101+)

- Understand how to better use safety inspection data
- Learn how to use precursors for serious injuries and fatalities
- Discover various methods for assessing and improving the quality of your inspections

Chuck Pettinger, Ph.D., Process Change Leader, Predictive Solutions

## INSAFE/Safety Fundamentals

### 3F. The VPP Star Journey – Important Success Factors

- The most important elements of the VPP journey, including executive management support and effective engagement of all location employees, management and front line employees
- Implementing a system that captures, drives and sustains these important VPP elements
- The process used by one company to promote and achieve VPP Star certification

Rick Gerlach, Senior Director of Safety & Health, and Kristyn Grow, CSP, CHMM, SGE, Corporate VPP Manager, Cintas Corporation, and Beth Gonzalez, Indiana VPP Leader, Indiana Department of Labor

## Construction

### 3G. Eeeww: Construction Health Hazards in Medical and Wastewater Facilities (I/A; Any)

- Anticipate both the chemical and biological hazards that may be encountered in these worksites
- Pre-planning to minimize hazards before the start of the job
- Work practices including personal protective equipment that can be used to help ensure worker safety during the job

Donald Garvey, ARM, CIH, CSP, Construction Industrial Hygienist, 3M Company

## General Safety

### 3H. GHS: OSHA's Final Deadline – Last Call for Employer Compliance (I; Any)

- Identify basic tenets of HAZCOM and the past and upcoming GHS transition deadlines and corresponding obligations
- Recognize GHS adoption challenges throughout the chemical supply chain and understand the resulting inspector guidance OSHA has released for evaluating workplace compliance during the HAZCOM /GHS transition
- List best practices and actionable steps for managing safety data sheets, container labels, employee training and chemical inventories to ensure compliance with the final GHS deadline and beyond

Brad Harbaugh, Director of Marketing & Communications, VelocityEHS

## 3:30 - 3:45 p.m. Nothing But Net Break

## 3:45 - 5:00 p.m. Concurrent Session Four

## Effective Safety Management

### 4A. The Four Disciplines of OSH Execution to Achieve Safety Excellence (I; 101-249)

- "Discipline" is used to indicate an unwavering approach to achieving a best-in-class OSH performance.
- Learn the four basic steps that have been used by several organizations to accomplish outstanding results in injury prevention and enhance the cost of risk in a similar fashion

Francis Sehn, Vice President – Risk Control and Claims Advocacy, Willis Group

## Updates in Education and Consulting Skills

### 4B. Changes and Updates to ANSI/ASSE Z490.1 Training Standard (All; 0-100)

- Learn about the Z490 Standard (Criteria for Accepted Practices in Safety, Health and Environmental Training) with a focus on structuring a training course, needs assessment, learning objectives, training delivery and proper documentation
- Review the "Day of Training Checklist" and various methods of training delivery

Bruce Guiliani, Director of Safety and Loss Control, Heritage Group Safety

## Management Safety Principles and Solutions

### 4C. From Lagging to Leading to Transformational Indicators: Measuring the Value of Safety (All; Any)

- Learn the differences between leading and transformational metrics
- Explore how other organizations measure the contribution of value between activities and results
- Identify how activities must fit within an overarching strategic framework for excellence and what this looks like put into action

Shawn Galloway, President, ProAct Safety, Inc.

## Work Comp: Injuries, Analysis and Prevention

### 4D. The SH&E Leader as a Successful Business

**Partner** (I/A; Any)

- Define the needed critical responsibilities and the associated skills of a successful SH&E professional to be a business partner
- Personal and organizational barriers which hinder the successful fulfillment of the SH&E responsibilities
- Personal and organizational solutions (using case studies and audience participation) which can be taken to address the barriers and become a trusted, effective business partner

*Cathy Hansell, MS, JD, CCSR, CSM, President, Breakthrough Results, LLC*

## Safety Perspectives – General and Specific

### 4E. Rigging Safety and Cargo Securement

 (All; 0-100)

- Injury prevention
- Basic signaling procedures
- Proper lift setup

*Robert Siemens, Senior Training Facilitator and OSHA Authorized Outreach Instructor, Royal Arc Industrial Services*

## INSAFE/Safety Fundamentals

### 4F. OSHA's Confined Space for Construction Rule

 (All; Any)

- Find out if your company is in compliance with OSHA's new confined space standard for construction
- Gain an understanding of what a confined space is and how to properly identify and classify these spaces
- The critical exchange of information and coordination with other site contractors will be addressed

*Anthony Bowers, INSafe Safety Consultant, and Bryan Thais, INSafe Safety Consultant, Indiana Department of Labor*

## Construction

### 4G. Top 10 Misuses of Fall Protection Equipment and What to Do About Them

 (A; 0-100)

- Increase awareness of common equipment mistakes in order to reduce fall risk
- Gain the ability to identify and correct these issues within the workplace
- Increase ability to correctly use fall protection equipment the first time

*Kevin Wilcox, PE, CSP, Principal, LJB Inc.*

## General Safety

### 4H. Real Time Dust Monitoring Strategies and Tools

 (I; 250+)

- Basic principle of operation of light-scattering photometric aerosol measurement instruments
- Understand the different sizes of aerosols that can be measured
- Learn what is meant by "correction factors" or "custom calibration factors"

*Scott Norman, Product Specialist, TSI, and Jessica Hauge, 3M Company*

**5:00 - 6:00 p.m. Champions Reception** (all attendees, speakers and sponsors/exhibitors are invited to attend)

**6:15 p.m. Indy Dine Out**

## WEDNESDAY, MARCH 23, 2016

### 7:00 a.m. - 4:00 p.m. Registration Desk Hours

Sponsored by:   

### 7:00 a.m. Continental Breakfast

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### 8:00 a.m. Morning General Session

*Christina Merriott, President, Central Indiana Chapter of the American Society of Safety Engineers*

*Keynote Speaker: Oliver Luck*

### 9:15 - 10:30 a.m. Concurrent Session Five

## Effective Safety Management

### 5A. Employment Law Pitfalls and Faux Pas for the Safety Professional

 (All; Any)

- Identify and articulate common and uncommon employment law issues that invade the practice of safety
- Interact with situations involving injured/disabled employees,

prescribing safe physical work requirements, etc., in a manner that minimizes liability under the ADA

- Formulate approaches to employment law matters that more strategically minimize liability

*Barry Spurlock, Assistant Professor/Attorney, Eastern Kentucky University/Spurlock Law, PLLC*

## Environmental/Emergency/Fire Protection

### 5B. The Impact and Implications of NFPA 652, NFPA's Newest Combustible Dust Standard

 (All; Any)

- Identify the general requirements prescribed in NFPA 652 and how NFPA 652 works with the current industry or commodity-specific NFPA standards
- Understand the need for a sampling plan (strategy) and how dusts are determined to be combustible
- Understand the requirements of a dust hazard analysis and why it is so important

*Jason Reason, CSP, CHMM, CIH, Senior Vice President/Consultant, Lewellyn Technology, LLC*

## **Safety Objectives and Concepts**

### **5C. OSHA's General Duty Clause: A Guide to Enforcement and Legal Defenses** (All; Any)

- What constitutes a "recognized hazard" for purposes of general duty clause (GDC) enforcement
- How employer manuals, JSAs, safety and health audits and other documents can be obtained by OSHA and used as evidence in GDC cases
- Under what circumstances voluntary consensus standards can be used to support GDC enforcement actions

*Adele Abrams, Esq., CMSP, President, Law Office of Adele L. Abrams PC*

## **SH&E Best Practices**

### **5D. Personal and Corporate Safety-Related Liability: Who and What Can Be Sued?** (N/I; Any)

- Issue-spot corporate liability and individual liability
- Understand current OSHA initiatives that impact corporate and individual liability
- Better manage legal risks

*Matthew Deffebach, Partner, Haynes and Boone, LLP*

## **Risk Identification and Control**

### **5E. Forecasting Tomorrow: The Future of Safety Excellence** (I/A; Any)

- Understanding the mega-trends that will most impact safety excellence in the next 10 years
- Being able to feel confident of long-term safety planning
- Avoiding making decisions that will be rendered mute by future trends

*Terry Mathis, CEO, ProAct Safety, Inc.*

## **INSAFE/Safety Fundamentals**

### **5F. Behavior-Based Safety in Construction** (I; Any)

- Focus on a peer-to-peer behavior-based safety process
- Review the development phase of Gribbins Insulation Company's behavior-based safety process to today
- How employees conduct observation and how the data gathered are relayed back to employees

*Trevor Atherton, CSP, CHST, CRIS, Safety Manager, Gribbins Insulation Company*

## **Safety Perspectives – General and Specific**

### **5G. Championing Your OSHA Inspection** (A; Any)

- Procedures and processes for addressing regulatory inspections
- Do's and don'ts: understanding your rights and responsibilities during the inspection process
- How to mitigate potential violations and penalties

*Gary Clark, RSP, Loss Prevention Manager, Gibson*

## **General Safety**

### **5H. Road to Recovery Following a Back Injury**

- Understanding low back injuries in the workplace
- Correct and appropriate utilization of spinal diagnostics and the appropriate use of spinal imaging including MRI, EMG and discography in the injured worker

- Understanding the different outcomes of spinal surgery  
*Kern Singh, M.D., Associate Professor, Department of Orthopaedic Surgery, Co-Director, Minimally Invasive Spinal Institute*

## **10:30 a.m. Stretch Break**

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PHYSICAL THERAPY

## **10:45 - 11:45 a.m. Concurrent Session Six**

## **Effective Safety Management**

### **6A. Confined Space and the New Construction Standards** (All; Any)

- Understand the characteristics of confined spaces
- Understand the regulations and their impact on the construction industry
- Methods of compliance with the new regulations

*Don Bryant, CUSA, MBA, Safety Consultant, Citizens Energy Group*

## **Environmental/Emergency/Fire Protection**

### **6B. Pre-Emergency Planning and Inspection of Agricultural and Processing Facilities** (N/I; 0-249)

- Identify areas of high-hazard or that present high risk for personnel or property loss
- Evaluate and determine appropriate actions or engineering to reduce the risk of loss and to mitigate an emergency situation
- Explain to emergency responders how a process works, what hazards are associated with a given process or piece of equipment, and what procedures are necessary for safe response

*Benjamin Peetz, Agribusiness Risk Control Consultant, FCCI Insurance Group*

## **Safety Objectives and Concepts**

### **6C. Work Conditioning: Empowering Workers for Peak Performance** (All; Any)

- What goes into a work conditioning program
- The value of preparing employees for rigorous work
- How to implement a work conditioning program

*David Verdeyen, Injury Prevention Specialist, Ergonomic Consultants of Indiana*

## **SH&E Best Practices**

### **6D. Process Safety Management Enforcement Trends and Best Practices** (I; Any)

- Ability to understand the trends in OSHA and EPA process safety management (PSM) and risk management plan (RMP) enforcement
- Detailed examples of the top five cited PSM elements with compliance suggestions
- Best practice policies for management of change, contractor management and car seal management

*Jonathan Zimmerman, EHS Manager, Kellogg's*

## **Risk Identification and Control**

### **6E. Ergonomics 101: Creating A Playbook for Workstation Analysis** (N/I; Any)

- Gain knowledge on how physical stresses on the body can lead to work-related musculoskeletal disorders
- Overview of different ergonomic survey tools

- Foundation to develop a workstation analysis playbook  
*Andy Litchfield, Loss Prevention Consultant, Gibson*

## **INSAFE/Safety Fundamentals**

### **6F. A Journey to Safety Excellence!**

- Learn about a manufacturing plant and its journey to safety excellence
- Review ways the site implemented employee involvement as it worked towards Voluntary Protection Program (VPP) certification  
*Tara Falin, High Horsepower North America HS&E Leader for the Engine Business Unit, Cummins Engine Company*

## **Safety Perspectives – General and Specific**

### **6G. Driving Innovation: A Data-Driven Approach to Raising Chemical Safety Awareness** (N/I; 0-100)

- Understand how to leverage GHS chemical data in your safety communication program
- Describe methods for reducing risk and minimizing your chemical hazard footprint
- Learn about proven and practical approaches to running a data-driven chemical safety program

*Ashley Lory, EHS Manager, Peerless Pump, and Jason Massey, Regional Sales Director, SiteHawk*

## **General Safety**

### **6H. The Great Swindles, Scams and Myths in Safety** (A; Any)

- Adopt a positive approach in your own organization that will support safe performance
- Identify the key strengths of a human operator
- Establish safety as a value in your business  
*Steve Woodward, COO, SAFEmap International Inc.*

## **12:00 - 1:30 p.m. 2016 Governor's Workplace Safety Awards Lunch**

**Remarks:** *Chet Brandon, President Elect/Conference Co-Chair, Central Indiana Chapter of the American Society of Safety Engineers*

**GWSA Presentation:** *Rick Ruble, Commissioner, and Michelle Ellison, Assistant Commissioner, Indiana Dept. of Labor*

**Keynote Speaker:** *Rodney Grieve, Founder, BRANTA Worldwide*

## **1:45 - 2:45 p.m. Concurrent Session Seven**

## **Effective Safety Management**

### **7A. Human Error: There is NO Root Cause** (I/A; Any)

- How our biases cloud our view of events, resulting in erroneous assumptions about causation
- How processes, procedures and management systems can influence and provoke errors
- Why some organizations have adopted "systems thinking" and are moving away from the behavioral model of causation  
*Richard Pollock, CSP, President, CLMI Safety Training*

## **Environmental/Emergency/Fire Protection**

### **7B. Wellness: An Essential Component of Safety, Health and Environmental Incident Prevention** (All; Any)

- How wellness and a person's well-being plays a major role in incidents of all types
- The relationship of physical fitness and stress to health issues, general well-being and incident prevention
- Specific intervention skills and strategies to address physical and emotional health issues, stress, drug use and to prevent incidents  
*Michael Topf, President and CEO, Topf Initiatives*

## **Safety Objectives and Concepts**

### **7C. Identifying Cultural Hazards: 4 Clues Your Organization Is Out of Balance** (All; Any)

- How to identify cultural hazards (as opposed to chemical or physical) that have a profound effect on safety, productivity and quality
- Examine systems that degrade trust and credibility, and learn the most effective methods to identify latent elements that signal a culture at risk without spending thousands of dollars (and hours) on a cultural assessment
- Leave with a greater ability to identify the pitfalls in your organization's safety program and the logic-based tools necessary to build an organization of balance and long-term success  
*Rodney Grieve, Founder, BRANTA Worldwide*

## **SH&E Best Practices**

### **7D. Safe 4 the Right Reasons** (I; Any)

- Basic understanding of human behavior in relation to personal safety
- How being safe not only keeps employees but the company out of harm's way
- Develop personal reasons for being safe – on and off the job  
*Dale Lesinski, Vice President of Sales and Training, DiVal Safety*

## **Risk Identification and Control**

### **7E. Influencing Behaviors for Safer Performance** (All; Any)

- How antecedents and consequences influence behaviors
- How soon/certain/positive consequences work better than negative consequences
- What normalization of deviance is and how it affects safety  
*Keith Robinson, Corporate Safety Director, Civil & Environmental Consultants, Inc.*

## **INSAFE/Safety Fundamentals**

### **7F. Safety and Health Trends in Indiana** (All; Any)

- Overview of where we started with safety prior to the adoption of the OSH Act continuing through 2014
- Review of OSH statistics through the years as well as changes in industry practices that have affected Hoosier workplace safety and health
- What methods worked well? What methods have we abandoned? What methods can we employ to combat current safety and health trends?

*Kenneth Boucher, Executive Director of Quality Metrics and Statistics, Indiana Department of Labor*



## **Safety Perspectives – General and Specific**

### **7G. Machinery Safety: What EHS Managers Should Know About Standards, Technology and Best Practices** (All; Any)

- Keeping workers safe around machinery – basic concepts
  - Safety and productivity are NOT mutually exclusive! Using the machine safety lifecycle
  - How a real machine safety program can work in your plant
- Matthew Taylor, Component Area Manager, Rockwell Automation*

## **General Safety**

### **7H. OSHA's Proposed Beryllium Rule** (I; Any)

- Identify where beryllium is used in industry and why it is an important material with no effective substitutes
- Describe the routes of exposure and the toxic effects of beryllium and how to determine if an employee has been sensitized
- Describe the measures used to control exposure to beryllium and how the proposed OSHA reduction of the PEL will affect employees and general industry

*Richard Griffith, CIH, President, Workplace Safety & Health Co., Inc.*

## **2:45 p.m. Final Countdown Break**

### **3:00 – 4:00 p.m. Concurrent Session Eight**

## **Effective Safety Management**

### **8A. The Art of Correcting Unsafe Behavior** (All; Any)

- Discuss the different motives that drive safe and unsafe behavior
  - Review ways to counter motives for unsafe behavior
  - Become more effective at changing long-term behaviors
- Kevin Beswick, Manager of Construction Services, RMS Safety*

## **Environmental/Emergency/Fire Protection**

### **8B. Human Factors, Human Error and Human Performance Principles in Action**

- Understanding of the origins, relationships and application of human factors, human error and human performance principles in relation to occupational safety and health
- Discussion of the direct impact of these principles on workplace design, written work procedures, incident investigations and metrics
- Awareness of tools, resources and references available to participants

*Rick Puckett, CSP, MS, EHS Executive*

## **Safety Objectives and Concepts**

### **8C. Solving the Safety Puzzle** (I/A; 101-249)

- Learn how to direct safety improvement efforts on those elements of the management system that most influence process outcomes
- Learn to recognize the difference between safety tools and safety system requirements, i.e. the key elements of the safety management system
- See how safety system inputs affect process outputs such as behaviors and conditions

*Stephen Gerrard, President, Precepts Safety LLC*

## **SH&E Best Practices**

### **8D. Introduction to Law Enforcement Awareness and Safety** (N; Any)

- Overall introduction to the Indiana State Police
- Identify three actions citizens can employ to increase (personal and officer) safety during police encounters
- Identify three things citizens can do to make themselves safer and less likely a target of crime

*J. Michael Carrick, Sergeant, Indiana State Police*

## **Risk Identification and Control**

### **8E. Achievement-Focused Safety** (I; Any)

- Employee motivation
- Communicating and accomplishing safety goals
- Managing leadership styles to positively enhance the safety process

*Joe Melton, Manager of Consulting Services, RCI-Safety*

## **INSAFE/Safety Fundamentals**

### **8F. CNC Machine Safety** (N; 0-100)

- Explore the regulations outside of OSHA requirements for developing and implementing a complete safety and health program pertaining to turning centers (including CNC machines)
- Learn about adequate machine guarding that meets both OSHA and ANSI requirements; adverse health effects from exposures to cutting fluids; and ways to minimize employee exposure

*Rebecca Ellson, INSHARP Coordinator, and Gary Hulbert, INSafe Health Consultant, Indiana Department of Labor*

## **Safety Perspectives – General and Specific**

### **8G. Aerial Lift Accident Prevention** (All; Any)

- General lift requirements for safe and secure operation; how to safely minimize or prevent loss of life, injuries or accidents
- Stability of lifts, types
- State regulations/fall protection requirements for aerial lifts and PPE
- Training requirements
- Rescue planning

*Joseph Rosen, Safety Training Director and OSHA Construction and General Industry Authorized Outreach Instructor, Royal Arc Industrial Services*

## **General Safety**

### **8H. Safety Force Multiplier** (All; Any)

- Why supervisors play a key role in the safety process
- Why safety should be a function of line management
- The knowledge and skills that make supervisors effective at helping to make your safety program a success

*Clint Wolfley, CSP, CHST, STSC, Director of Business Development, Board of Certified Safety Professionals*

## **4:00 p.m. 2016 Indiana Safety and Health Conference Adjourns**

**Schedule is subject to change. For most recent schedule, please visit [www.INSafetyConf.com](http://www.INSafetyConf.com).**

# Registration Information

✉ **Mail:** Indiana Chamber of Commerce  
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## Cancellations/Substitutions:

All cancellations must be received in writing. A \$25 processing fee will be charged for all cancellations. Cancellations received within two weeks of the conference date will be issued a credit certificate, less the \$25 processing fee. Credits can be used toward any future Indiana Chamber conference(s) for up to one year. Credit is fully transferable. Substitutions are welcome at any time, but are requested in advance of the conference

**Inclement weather policy is available at [www.INSafetyConf.com](http://www.INSafetyConf.com)**

## Conference and Hotel Information

The Westin Indianapolis is the official conference hotel. To reserve your room, go online or call (317) 262-8100 and request the Safety Conference room block. Subject to availability.

All registered attendees staying at The Westin Indianapolis will be entered into a drawing for a \$100 gift card to the famous St. Elmo's Steak House. The winner will be announced at the March 22 opening general session.

## 1. To register, please complete the following

*(please copy for additional attendees)*

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John Wooden

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